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**(54) PRODUCTION OF LIQUID CRYSTAL TYPE  
EMULSION AND LIQUID CRYSTAL TYPE  
EMULSION COMPOSITION OBTAINED THEREBY**

**(57) Abstract:**

**PROBLEM TO BE SOLVED:** To obtain a stable liquid crystal-type emulsion despite being of nonionic surfactant system, capable of improving or restoring the skin to healthy condition through promoting and maintaining the moisture-holding performance inherent therein.

**SOLUTION:** This liquid crystal-type emulsion is obtained

by heating at least one kind of ceramide selected from ceramide, glucosylceramide and galactosylceramide, cholesterol and a fatty acid in an oil agent to a temperature not lower than the phase transition temperature of the mixed system of the ceramide(s) and the fatty acid, followed by addition of a water-soluble polyhydric alcohol and then mixing the resultant composition with an aqueous medium at a temperature higher than the above phase transition temperature under agitation, and then cooling the system to the above phase transition temperature or lower.

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